



# Good Deeds for 9/11 Day

## 11 Ideas for Supporting Those Facing Domestic Violence

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### 1. Give Your Old Phone a New Purpose

Donate your old cell phone at your local mobile phone store or directly to the [National Coalition Against Domestic Violence](#). Many stores and organizations send them to shelters, helping victims of domestic abuse stay safe and connected.

### 2. Share Your Toys and Wheels

Donate gently used toys, bikes, or skates you've outgrown to a local domestic violence shelter.

### 3. Volunteer at a Shelter

Offer your time to help out at a local domestic violence shelter. Whether it's assisting with administrative tasks, organizing donations, or lending a compassionate ear, your presence can make a difference.

### 4. Send Love and Encouragement

Write [handwritten letters of love](#), encouragement, and support to adults who are survivors of violence and have been incarcerated—your words can bring hope and healing.

### 5. Lead a Financial Empowerment Workshop

Teach a [financial empowerment course](#) for survivors of financial abuse—help survivors build skills and confidence for a fresh start.

### 6. Dress for Success

Donate gently worn professional clothing to [Dress for Success](#)—give someone the boost they need for a job interview or new opportunity.

### 7. Listen and Learn

Tune in to [podcasts](#) that share the stories of domestic violence survivors—amplify their voices and learn from their resilience.

### 8. Warm Hearts and Bodies

Organize a blanket or coat drive and donate the collected items to a local shelter to help survivors stay warm during the colder months.

### 9. Create a Birthday Box

Put together a “birthday box” for a shelter—include cake mix, frosting, candles, balloons, and party hats to make sure every child can celebrate their special day.

### 10. Make a Meaningful Donation

Donate to your local domestic violence shelter—your contribution supports essential services and helps survivors rebuild their lives.

### 11. Provide Emergency Supply Kits for Shelters

Assemble kits filled with essentials like toiletries, hygiene products, non-perishable snacks, prepaid phone cards, small cash or gift cards, a notepad and pen, and a list of local resources. These kits can provide comfort and immediate support for survivors leaving abusive situations.