



# Good Deeds for 9/11 Day

## 11 Ideas for Supporting Hunger Relief

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### 1. Create or Tend a Community Garden

Collaborate with neighbors, classmates, or colleagues to grow fruits and vegetables for local food banks, shelters, or low-income families in your community.

### 2. Sponsor Meals for Families in Need

Partner with [Family-to-Family](#) to sponsor meals for a veteran, an elderly Holocaust survivor, or a family in need.

### 3. Organize a Canned Food Drive

Collect canned goods with your classmates, colleagues, or neighbors and donate them to a local food bank. Use the [Feeding America](#) website to locate one near you.

### 4. Host a Personal Fundraiser

Raise money to support your local food bank. [Feeding America](#) provides all the resources you need to get started.

### 5. Support the Give Healthy Movement

Organize a [Give Healthy](#) drive to collect and distribute fresh, nutritious food, become an ambassador, or make a donation to help communities in need.

### 6. Feed Vulnerable Children

Donate to [No Kid Hungry](#) to help provide meals to children who rely on school lunches and might otherwise go hungry.

### 7. Volunteer with Meals on Wheels

Connect with your local [Meals on Wheels](#) chapter to deliver hot, nutritious meals to elderly or homebound neighbors.

### 8. Set Up a Front Porch Food Drive

Use [Move for Hunger](#) to set up a Front Porch Food Drive, making it easy to collect and donate food from your neighborhood.

### 9. Use Your Voice for Advocacy

Write a letter to your local city and state representatives encouraging them to protect and expand programs that provide food assistance to families in need.

### 10. Volunteer at Local Food Pantries and Soup Kitchens

Contact local nonprofits and community centers to find opportunities to help with food pantries, packing meals, or serving at soup kitchens—there's always a need for volunteers.

### 11. Drop Off Canned Food Items

Keep it simple—purchase and drop off canned food items at your local food bank or pantry to help restock their shelves.